

Head of School: Miss A Saul
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15th September 2020

FOR PARENTS OF CLOSE CONTACTS OF SUSPECTED COVID 19 CASES AT IPSLEY CE RSA ACADEMY

Advice for Child to Self-Isolate

Dear Parent,

We have been advised by Public Health that there has been a single **suspected** case of COVID-19 within the Year 8 bubble.

In line with the national guidance and, as a **precautionary** approach, we have been advised that your child now stays at home and self-isolates until we receive the test result.

We are asking you to do this to reduce the risk of further spread of COVID-19 to others in the community.

We will update you when we have received the test results and will then advise whether your child can return to school or if self-isolation for the full 14-day period is required. The end of the 14-day period would mean returning to school on **Thursday 24th September**.

During this time, **your child needs to stay at home** and not attend school or go to any other public places. Please see the link to the PHE Staying at Home Guidance for your child:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period. **Siblings should still attend school** unless anyone in your household develops symptoms.

Information about the learning from home to be completed by your child is included in the work pack that has been sent home with them. As before, ePraise will be the main method of staying in touch around learning from home. If you can't access this, please contact the school.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Signposting for people affected by COVID-19 can be accessed via Here 2 Help: <https://www.worcestershire.gov.uk/here2help>

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



Miss A Saul
Head of School



Ms N Beech
Executive Principal