

Dear Parent/Carer,

During this term we will be giving Y7 students the fantastic opportunity to learn some life-saving skills. These will include how to keep themselves and a casualty safe, how to put someone into the recovery position and how to stop the situation from worsening to enable the emergency services to have the best chance of preserving life.

This training will be done with a qualified first aid trainer who has completed this training with many students of a similar age.

Part of this training is to practice CPR, the aim of this being to try to prevent situations from worsening and to promote recovery. The three underlying principles of first aid are:

- P** Preserve Life
- P** Prevent Worsening
- P** Promote Recovery

Below are the proposed dates for different classes to take part in the training:

7A 7th May
7B 4th June
7C 11th June
7D 18th June
7E 25th June
7F 2nd July

Yours sincerely

Mr S Thomas
KS3 Teacher
