

Principal: Ms N Beech (FRSA)

Winyates Way,  
Winyates,  
Redditch,  
Worcestershire,  
B98 0UB

Dear Parent/Carer,

**'Fit for Life Scheme' 2019**

We are offering your child an exciting opportunity to have a place on the new 'Fit for Life' scheme which will run for a whole term. The scheme will be run by P and E Sports on Tuesdays from 3.15pm to 4.15pm and is fully funded so there will be no cost. The scheme will start on Tuesday 15<sup>th</sup> January 2019.

The sessions will be fun in a friendly and relaxed environment. The scheme will cover a number of areas such as nutritional advice, multi-sports activities, fitness testing and a Paralympic legacy scheme. Your child will need to be in full school PE kit and suitable trainers. If you would like your child to take part, there are only 20 places on the scheme and they will be allocated on a first come first served basis.

Please fill in and return the slip below to Mr. Gripton as soon as possible.

Yours sincerely,

Mr. Gripton  
Assistant Director of Learning and Standards PE

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**'Fit for Life Scheme' 2019**

Child's Name \_\_\_\_\_ Class \_\_\_\_\_

- I give permission for my child to take part in the Fit for Life Scheme starting on the 15<sup>th</sup> January 3.15pm – 4.15pm.
- My child will make their own way home
- I will make arrangements to collect my child from Ipsley at 4:15pm

My child is on the following medication .....

Emergency Contact Name.....Telephone Number.....

Signed..... (Parent/Carer)      Date .....